



# YOUTH BASEBALL OVERVIEW BY AGE DIVISION

## WEE-T

**Ages:** 3-4

**Game Length:** 30-45 minutes (dependent on the players/weather)

**Officials:** None

**Basic Rules:**

- Each player must hit from the tee; it is a complete at bat when the ball is hit in fair territory.
- Batter and base runner(s) will advance one base after each fair hit. Once the last batter comes up, the coach shall announce it is the "last batter" and base runners will continue to advance until the last batter has crossed home plate.
- A batter cannot strike out and there are no outs.

**Note:** For this age, the focus is more on social development while working to provide players with a basic understanding of baseball.

Teaching players how to hold the bat, to see the middle of the ball when hitting, what hand their glove goes on, fundamentals of throwing and fielding ground balls, the bases and what direction/order to run, general positions on the field and TEAMWORK and SPORTSMANSHIP!

**Parents:** Assist with line-up and ensuring players have their equipment when needed. Control who has a bat when waiting to hit. Coaches may also need help on the field with keeping players focused and engaged.



## T-BALL

**Ages:** 5-6

**Game Length:** 45 minutes (dependent on the players/weather)

**Officials:** None

**Basic Rules:**

- Each batter will get 3 pitches. If after three (3) pitches the player has not hit the ball in fair territory, the player must hit from the tee; it is a complete at bat when the ball is hit in fair territory.
- Batter and base runner(s) will advance one base after each fair hit. Once the last batter comes up, the coach shall announce it is the "last batter" and base runners will continue to advance until the last batter has crossed home plate.
- A batter cannot strike out and there are no outs.
- Infield will consist of only five (5) players, a First Baseman, Second Baseman, Shortstop, Third Baseman, and Pitcher. The rest of the team should be spaced out in the outfield.

**Note:** Teaching players how to hold the bat, to see the middle of the ball when hitting, fundamentals of throwing and fielding, general positions on the field, base running and TEAMWORK and SPORTSMANSHIP!

**Parents:** Assist with line-up and ensuring players have their equipment when needed. Control who has a bat when waiting to hit. Coaches may also need help on the field with keeping players focused and engaged.

## COACHES PITCH

**Ages:** 6-8

**Game Length:** 60 minutes

**Officials:** 1 to 2 (may be staff)

**Basic Rules:**

- Each batter will get 5 pitches.
- Three (3) outs or seven (7) runs per at bat or half inning.
- NO bunting.
- NO stealing.
- Ten (10) players on defense (6 in the infield and 4 in the outfield).
- Batter and base runner(s) will advance one base after each fair hit to the infield.
- Balls hit to outfield, runners may run until the ball gets back to the infield (in the air or on the ground).
- Coach pitcher should pitch from within the circle. Both feet should be in the circle prior to release of pitch and at least one foot should remain in the circle upon release of the pitch.

**Note:** Preparing players for the next level of play. Improving their hitting, throwing, fielding and baserunning skills and teaching the importance of TEAMWORK and SPORTSMANSHIP!

**Parents:** The coaches may need assistance with keeping batters in order, controlling the dugout and bats, and keeping players focused and engaged on the field.

**Additional Equipment:** Face guard and catcher's gear, which will be supplied.

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